



LUNCH MENU

Soup & Sandwiches*

(Croissants, wraps, whole wheat and white bread)
Assorted Dessert Tray
Coffee and Tea
\$15 per person

Quiche & Toss Salad

Plated Dessert
Coffee and Tea
\$15 per person

*Vegetarian Soup & sandwiches available

Roast Homemade Lasagna*

Caesar Salad
Garlic Bread
Plated Dessert
Coffee and Tea
\$17 per person

Cod au Gratin

Toss Salad
Plated Dessert
Coffee and Tea
\$17 per person

*Vegetarian Lasagna available

Fruit Stuffed Pork Loin

Mandarin and Walnut Salad
Multigrain or White Rice
Honey Glazed Carrots
Broccoli with Cheese Sauce
Coffee and Tea
\$25 per person

Baked Stuffed Cod

Caesar Salad
Whipped Potato
Vegetable Medley
Coffee and Tea
\$26 per person

Grilled Chicken Breast

White Rice Oven
Toss Salad
Plated Dessert
Coffee and Tea
\$16 per person

Breaded Cod or Poached Salmon

Roast Potatoes
Honey Glazed Carrots
Plated Dessert
Coffee and Tea
\$17 per person

Stuffed Chicken Breast

Whipped Potatoes
Honey Glazed Carrots
Plated Dessert
Coffee and Tea
\$17 per person

Roast Beef or Turkey

Whipped Potatoes
Honey Glazed Carrots
Savory Dressing
Plated Dessert
Coffee and Tea
\$17 per person

Note:

(One selection per group unless prior arrangements approved by our Catering Department)

- For allergy concerns, please inform catering prior to service.
- Prices are subject to 15% gratuity and 13% HST.
Prices instituted – July, 2011